



THE TRINITY WINDOW

April 2023

Trinity Evangelical Lutheran Church

292 Orange St. New Haven, CT. 06510
Phone: 203.787.6521 | Fax: 203.776.7915
office@TrinityLutheranNH.org

www.TrinityLutheranNH.org



From the Pastor

Almighty God, you sent your Son, our Savior Jesus Christ, to take our flesh upon him and to suffer death on the cross. Grant that we may share in his obedience to your will and in the glorious victory of his resurrection; through your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

--Prayer of the Day for Palm/Passion Sunday.

Holy Week Services

Palm Sunday / Sunday of the Passion

April 2, 10:15 am

Procession of the Palms, St. Matthew's Passion

Palm Sunday Bake Sale follows

Maundy Thursday

April 6, 7:30 pm

Holy Communion, Individual Absolution, Stripping of the Altar

Good Friday

April 7th, 7:30 pm

St. John's Passion, Solemn Reproaches of the Cross

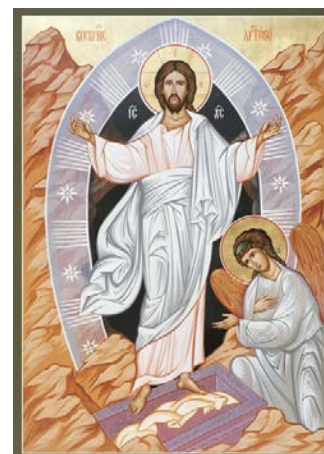
Easter Sunday - April 9th

The Resurrection of our Lord

9:30 am, Children's Easter Egg Hunt

10:15 am, Festival Service of Holy Communion

Followed by Brief Blessing of "Steeple for the People" Plaque



--Pastor Mills+

Sanctuary Eternal Light

Burns to the glory of God

In Memory of:

Erik Minkkinen

Mar 12th

Eleanor Herpich

Mar 26th

Burns to the glory of God

In Honor of:

Finley Setaro

Mar 5th

Justin Handy

Mar 19th

Altar Flowers



Given to the glory of God...
*In Memory of all the Faithful
Departed*

In Honor of

Men's Fellowship Group

The March Men's Fellowship Group will meet on Saturday, April 29 at 10:30 a.m. in the Church Parlor. Join us for coffee and donuts, devotions and conversation. Please RSVP to Pastor Mills.

Trinity Window Articles

Trinity Window articles for the next issue are due by the 15th of every month. It is important that you get your articles in on time and think ahead for the next month. Please email articles to:

Office@TrinityLutheranNH.org.

Articles **must** be submitted in **WORD** or **PDF** format.

PLEASE DO NOT EMBED THE TEXT OF YOUR ARTICLE IN THE EMAIL.

Oremus

"Let us pray"

This month we prayed for the following members and friends of Trinity who were sick and/or hospitalized:

Shirley King, Karen

Johnson, Ruth Setaro, Annie

Wright, John Chaffin,

Donald Langlois Jr., Christine Thomforde, Debbie Hart, Randy Rossia, Thaddeus Gensicki, Pat Panza,

Jake Swanson, Don Johnston, Deborah Golden-

Johnston, Linda Johnson, Karen Hansen, Margaret Blachly, Sandy Langlois, Debbie Boychuck, Marty Pieper, Joseph Aceto Jr., David Lewis, Allen Kirton,

Michael Pingle, Richard Werner, Mindy Durham, John Dexter, Dan Zawack, Rosie Weaver, Amanda Rice-Johnston, William Douglas, Julia Kanozo, Rita Roman, Mike & Lucy Nieves, Nancy Kops, Laurie Connors, Pat Minges, Yoly Ortiz, Rachel Thompson, Katheryn Patrick, Wendy Lynn, Allison Empringham, Mimi Thompson, Mary Ellen Schoonmaker, Virginia Masciola, Philip Cerrone, Sandy Noonan, Maria Roman, Nicole Donzello, Elizabeth Leone, Pamela Simone, Vincent Villano, Frank Wright, Esther Goffinet, Nicole Donzello, Mary Psarras, Bill & Kathy Pontin, the residents of the Mary Wade Home and all assisted living facilities, Christian Community Action, and all who serve in the armed forces, especially: Daniel Burk, Christopher Bushy, Justin Coonrod, and Jonathan Outlaw. And those who mourn Thomas Palm.



Upcoming Events

Here is a preliminary listing for the events we have for this month. Please mark your calendars in advance so you can save the dates.

April

Apr 2 nd	10:15am	Palm/Passion Sunday
Apr 2 nd	After Worship	Bake Sale
Apr 2 nd	After Worship	Trinity Lunch & Learn
Apr 6 th	7:30pm	Maundy Thursday
Apr 7 th	7:30am	Good Friday
Apr 9 th	9:30am	Easter Egg Hunt
Apr 9 th	10:15am	Easter Sunday
Apr 13 th	2:45pm	Mary Wade Service
Apr 16 th	After Worship	In-Home Safety
Apr 20 th	7:00pm	Choir Rehearsal
Apr 29 th	10:30am	Men's Fellowship

Operation Christmas Child



"This is the day that the Lord has made let us rejoice and be glad in it." Psalm 118:24

We rejoice indeed for our continued support of OCC across the years and the joy that has been spread to needy boys and girls across the globe and through the Greatest Journey bringing them Jesus's unconditional love for them.

I have completed and signed the Re commitment forms for 2023. We will once again serve as a Drop off location during National Collection Week. NCW week will be November 13th - 20th. As soon as our hours are finalized I will let everyone know so you can mark your calendars well in advance.

Another reason we rejoice is after 3 long years We are so excited to announce the return of our PALM SUNDAY BAKESALE. Once again we will be offering cookies, brownies cupcakes and other sweet treats for sale after service on Palm Sunday. All proceeds will go toward shipping cost of our shoeboxes. We are asking for donations of baked goods. Items should be divided into packages as we are keeping with in regulations. Any questions contact me or the church office. So excited.

Reminder that our new collection box is waiting in the Narthex for shoebox donations. Remember OCC when your out and about.

Wishing you all a blessed Easter
Barbara Mourer
OCC Chair/Drop off Coordinator

The Mary Wade Service

Join us in our outreach to The Mary Wade Home, 118 Clinton Avenue, New Haven. Come help sing, assist in worship and/or visit with the residents! The service will be held on Thursday, April 13 at 2:45p.m.

“Trinity Lunch and Learn”

Sunday, April 2nd, join us after worship in the auditorium for the monthly "**Trinity Lunch and Learn**" gathering: bring a lunch, share in fun, hands-on activities to learn our Faith; and enjoy cross-generational conversations, for children, members, parents, and grandparents, from ages 0-100!

Weather Related Church Closings

Spring is here and we never know what it can bring! Please note that any weather-related delays, cancelations or closing of Trinity will be broadcast on WTNH 8, WFSB 3, NBC 30 and Fox 61. This information is also available on their websites at www.wtnh.com, www.fox61.com, www.wfsb.com and www.nbcconnecticut.com

Choir Rehearsal

The next choir rehearsal has been scheduled for Thursday, April 20th at 7:00 p.m. in the Church Parlor.

Monthly B.P. Screening



Deb Nicolson, Parish Nurse, has scheduled the next Blood Pressure Screening for **Sunday, May 7th**. Deb will do the screenings in Pastor's office after worship. A quick cleaning of equipment will be

done between each person.

Important – Be Prepared

One on One Zoom or phone conversation can be scheduled with me to discuss appointing a Health Care Representative if you don't legally have one plus other details. It's especially helpful if you have a sudden illness or are in an accident and can't speak for yourself. For 18+ and any stage of life or health. It's like buying insurance, it's there if you need it! I have forms, no attorney needed and no cost. Email me at debnicolson@optimum.net or 203-877-8614 with questions or to schedule. Thanks!

Deb Nicolson, Parish Nurse

Lenten Study on Zoom

Join us for a special **Shared Lenten Study** each Tuesday in Lent at 7 p.m. on Zoom. We'll join with Pastor Ed Duffy and our friends from Zion Lutheran in Bristol in studying the Lutheran "Formula of Concord." Contact Pastor for Zoom login information.

Can Do Lenten Service Project

This year Trinity will be doing a Can Do Lenten Service Project for Christian Community Action. We are asking you to buy canned goods to put in the shopping cart in the narthex. Trinity will be donating them to CCA in time for Easter meals.

Easter Egg Hunt Returns

The annual Easter Egg Hunt is back! It will take place at 9:30 a.m. Easter Sunday morning. If you would like to donate candy to fill the plastic eggs with it would be greatly appreciated. Candy can be donated until Palm Sunday, April 2nd and given to Pat Sundermann.

Forward Leadership Team Update

In keeping with updates to the congregation, we want to summarize our latest seminar on March 11 with the Synod. This was hosted by Zion Lutheran Church in Portland, CT. We learned about having Crucial Conversations to work toward having a safe shared meaning. We did exercises and role playing to accomplish our "what" and "how" skills. Our goal is to bring this to the accountability team and come up with a plan to move forward at the pace we can at this time. Our next seminar is May 13. Remember, this is a yearlong approach.

Seafarers International House

Dear Friends of Seafarers –

The Port of New Haven has been very busy with ships unloading salt, lumber and steel products. Many of the ships have stayed a long time, some of them as long as two weeks. When they stay that long I can really get to know many of the seafarers. Once I give them the WIFI they really, really like to connect with me on whatsapp or messenger. Soon I am sent message after message of things they would like to buy because without a visa they are not allowed to get off their ship.



Another ship is at a different terminal unloading steel products. They also expect to be in port a long time but half of this crew have visas. I receive a call early that some crew are waiting for me to go shopping.

Others have time off at 1300 and still others at 1800. Many of the trips for this ship are to BJ's where they are shopping for provisions for 60 days. But the seafarers also want time to shop at TJ Max, Best Buy, Dick's, Victoria Secret and Walmart.



One man tells me that he has not been off the ship for 6 months another for 4 months, how good it is to walk on solid ground and see people.



Many of these trips for both of these ships and even the others that come in seem to revolve around food. Not only do they buy provisions and snacks for themselves but we stop at McDonald's and buy 50 hamburgers and fries, another time we buy 24 Big Mac meals and another time pizza, enough for all the crew.



One Indian crew finds an Indian restaurant and enjoys eating there but also brings back enough for the crew unable to leave the ship. And each time I am offered a hamburger, a soft drink, a bag of chips, a box of donuts, a bag of chocolates It is their way of thanking me. They ask what they can pay me for my service. A happy smile and a thank you is all I ask.

Ruth Setaro, Chaplain

Interfaith Volunteer Caregivers

30 Gillies Road,
Hamden, CT 06517
203-230-8994; www.carenewhaven.org

38 YEARS AS THE GOOD NEIGHBOR

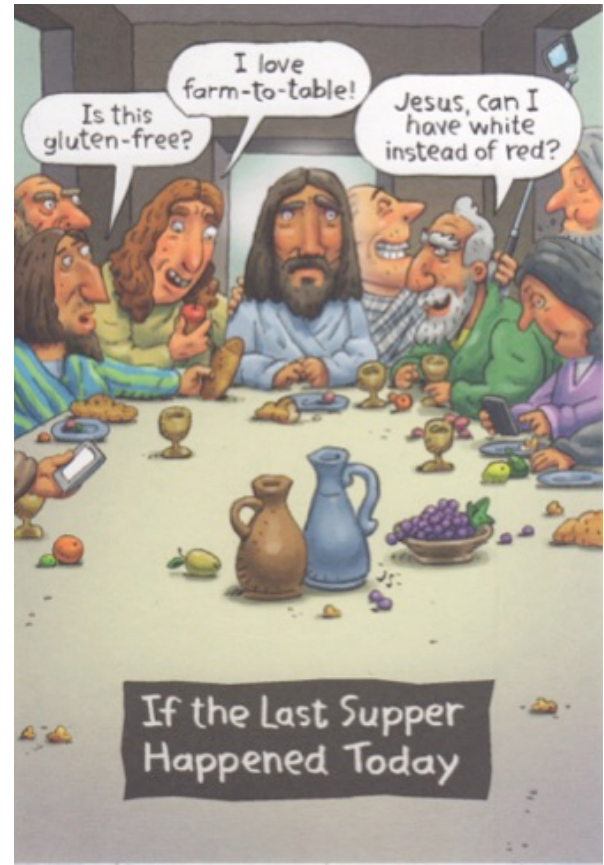
Are you looking for a new volunteer opportunity? Can you drive an elderly person to a doctor's appointment? Visit with an elder from time to time? Please consider joining our team and discover how your small acts of kindness can make a huge difference in the life of an elder in our community. Since 1983, Interfaith Volunteer Care Givers (IVCG) has assisted seniors in the Greater New Haven area by fostering independent living and reducing isolation. We train and insure volunteers from area faith communities and civic organizations to offer free neighborly services with compassion and love.

To find out more, please check out our website:
www.carenewhaven.org

Volunteer Orientation & Training At The Connecticut Hospice, Inc.

The Connecticut Hospice, Inc. (inpatient and homecare). is sponsoring volunteer orientation and training this fall. If you or someone you know is looking for an opportunity to serve others in your community, we would like to hear from you. Our patients and families are in need of your care and support. As a volunteer, you can fill your hours (weekdays/evenings or weekends) by assisting in a clerical capacity or offering direct patient/family contact as a friendly visitor, provide pastoral care or bereavement services, help in arts, massage therapy, pet therapy, hairdresser/barber or provide transportation. For more information, please contact Joan Cullen at 203-315-7510 or jcullen@hospice.com

Time for a Laugh



Suddenly, Father Schober was not sure whether he really should have bought the new crucifix at Ikea.

APRIL CELEBRATIONS AND ANNIVERSARIES



BIRTHDAYS

Apr 2 nd	Kaileen Langlois
Apr 3 rd	Colbi Auman
Apr 3 rd	Denver Lamont
Apr 3 rd	Dawn Mankowski
Apr 7 th	Carol Lee Robinson
Apr 8 th	Claire Prud'homme
Apr 12 th	Ebony Latimer
Apr 13 th	Cynthia Olson
Apr 14 th	Jonathan Auman
Apr 15 th	Patrick Morris
Apr 21 st	Marion Fox
Apr 28 th	Kai Langlois



BAPTISMAL ANNIVERSARIES

Apr 2 nd	Kent Golden
Apr 2 nd	Susan Jahnke
Apr 11 th	Tai'asia Hutchinson
Apr 11 th	Camaje Moore
Apr 11 th	Kenneth Sturdivant
Apr 28 th	Ethan Hayes
Apr 30 th	Jason Auman



WEDDING ANNIVERSARIES

Pat & Fred Sundermann Apr 29th

LASER TAG OUTING



John, Collin, Tyler, Carter (observer), Claire, Rachel
SUNDAY, MARCH 21, 2023

150 YEARS

Seafarers International House 123 East 15th Street, New York, NY 10003 Phone: (212) 677-4800 www.sihnyc.org

February 16, 2023

Rev. Ryan Mills
Trinity Lutheran Church
292 Orange St
New Haven, CT 06510-1716

Dear Pastor Ryan,

*Dear Pastor Ryan and members of Trinity,
With your support you are sending a strong signal of peace into the world while supporting Port Chaplain Ruth Setaro's work in New Haven! We also appreciate your participation in Christmas-at-Sea through the years! Please feel free to contact me with any suggestions or questions you may have.
All the best, Henryk*

Thank you for spreading peace this winter through your generous donation of \$50.00 for General Support with check #011162. With your support, *Seafarers International House (SIH)* is a physical and spiritual safe haven for those in distress during these cold months.

As our logo shows, *Seafarers International House* turns 150, - lighting the way for seafarers and immigrants since 1873. Swedish Pastor Per Johan Swärd launched our ministry when he arrived in New York to assist vulnerable seafarers and soon catered to the needs of immigrants as well. Over the years, the organization grew, changed locations, and cared for countless people during times of war, great depression, changing political landscapes, and pandemics.

These days, your support impacts the lives of people from all kinds of backgrounds by

- s) providing free lodging and social work assistance to asylum seekers from Central America, Ukraine or elsewhere,
- t) having our port chaplains visit ships and spread peace onboard, sometimes with crew members from Ukraine and from Russia, and
- u) **this past Holiday Season, delivering a record 2,915 Christmas-at-Sea satchels from volunteers and congregations like yours filled with warm clothing and holiday greetings, bringing "peace on earth."**

Your thoughtful donation brings peace into this world as our founders intended. Look out for our newsletter and social media posts celebrating the service to all people.

With heart-felt gratitude,



Henryk Behnke
Director of Development & Communications
henryk@sihnyc.org * (212) 677-4800 ext. 7203

Lighting the way for seafarers and immigrants since 1873

Platinum
Transparency
2023

Candid.



CHRISTIAN COMMUNITY ACTION
HELP · HOUSING · HOPE

February 24, 2023

Rev. Ryan Mills
Trinity Evangelical Lutheran Church
292 Orange St.
New Haven, CT 06510-1716

Dear Rev. Mills,

It was so wonderful to see you at the FAITH Partners Gathering yesterday!

Thank you for your partnership and support! We are most grateful for your donation of 5 bags of groceries and two boxes of soup to Christian Community Action on 1/31/2023. Through this act of generosity, you are part of a warm and faith-filled community of caring and conscientious people who have chosen to share their abundance with families in need. This donation will make a significant difference in the lives of those who are experiencing homelessness, seeking emergency assistance for basic needs, and coping with the challenges of poverty in New Haven.

This support helps us to achieve our mission of providing “Help, Housing, and Hope” to families in our community. Achieving this mission includes support for our programs: Hillside Family Shelter, ARISE Center, Neighborhood Assistance, New HOPE Program, and Advocacy and Education Project.

We give thanks for your support of CCA’s mission and vision. I hope you will feel most welcome to be in touch with me or our Executive Director, Rev. Bonita Grubbs, directly at any time. Please visit our website at www.ccahelping.org, and for more consistent updates, follow us on instagram ([christiancommunityactioninc](https://www.instagram.com/christiancommunityactioninc)) or Facebook!

Sincerely,

Charmain Yun
Director of Administration and Planning

*Thank you Ryan.
We will see you next
week!*



Nutrition
Security Solutions, Inc.

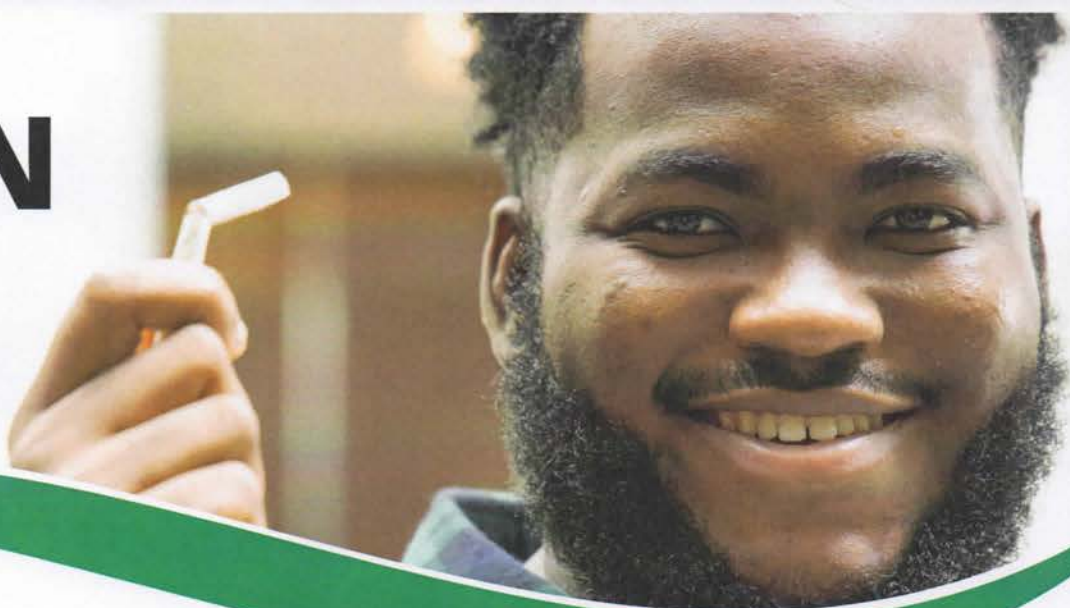
Dear Members of TLC-NH,

This note is coming late, however we have been significantly busy putting your \$250.00 donation you added to your earlier \$250.00 donation to God's good work, feeding food insecure seniors. The NSS, Inc. food packages, many containing food contributions at the holiday's are nutritionally balanced with foods appropriate to special dietary needs. Another way your support our good work. Once again, thank you for your support.

Gratefully,

Sandra Kops and Lourdes Perez, CEO

That's It!
**LEARN
TO
QUIT!**



Griffin Health's **FREE Smoking Cessation Program**

Griffin Health offers FREE in-person and virtual smoking cessation programs to help those struggling with nicotine dependence navigate the best options to quit for good. Find comfort in an environment with like-minded individuals seeking advice on their own smoking cessation journeys.

That's It! Learn to Quit!

provides free education, advice and support with weekly sessions addressing the following topics:

SESSION 1

Your Decision to Quit Nicotine Cigarettes, Vaping, Cigars

SESSION 2

Pharmacology and Creating a Quit Plan

SESSION 3

Trigger Management

SESSION 4

Staying Quit

Four-week, in-person classes offered in Derby, Oxford, and Shelton. **NEW** five-week virtual program starting in February 2023!

Upcoming sessions include:

Wednesdays:

January 18, 2023-February 8, 2023 at 6 p.m. at Family Health Center-Griffin Family Physicians, 110 Commerce, Shelton

VIRTUAL - Wednesdays:

February 8, 2023-March 8, 2023 at 7 p.m.

Mondays:

March 6-27, 2023 at 5:30 p.m. at The Center for Cancer Care at Griffin Hospital, 350 Seymour Ave., Derby

Thursdays:

April 6-27, 2023 at 6 p.m. at Family Health Center-Griffin Family Physicians, 110 Commerce, Shelton

To register or for more information contact The Griffin Center for Healthy Living Coordinator at 203-732-1369.



GRIFFIN HEALTH

Healthy for Life with Elevated Blood Sugar

Thursdays, March 2- April 6
4-5:30 p.m.

Griffin Hospital Dining Room 1
130 Division Street, Derby

Healthy for Life with Elevated Blood Sugar is a free, six-week program for individuals diagnosed with either pre-diabetes or diabetes.

Participants will be empowered to manage their elevated blood sugar through education on healthy eating, weight management, physical activity, medication and glucose management technology, health related risks, coping skills, and healthy lifestyle goal setting.

Based on the National Standards of Medical Care in Diabetes and The American Heart Association Healthy for Life, this program engages participants in learning and discussing clinical and lifestyle self-management behaviors to support optimizing their health, blood sugars, quality of life and psychosocial factors.



To register or for more information,
contact The Griffin Center for
Healthy Living Coordinator at
203-732-1369

Join us Sunday April 16th
after the service



at a presentation given by
Dr Barbara Glynn, educator
from Quinnipiac Univ.
with the topic
“Safety in the Home” geared
to adults over 50



Free Family Event!
A Safe Kids Day

SAVE THE DATE!

Sunday, April 30, 2023

11am - 3 pm

Warsaw Park, Pulaski Highway, Ansonia

Games, Safe House,
Health, Wellness, & Safety Interactive Displays
Free Fitted Bike Helmets to first 300 children

