



THE TRINITY WINDOW

October 2023

Trinity Evangelical Lutheran Church

292 Orange St. New Haven, CT. 06510
Phone: 203.787.6521 | Fax: 203.776.7915
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www.TrinityLutheranNH.org



From the Pastor

"But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ — by grace you have been saved — For by grace you have been saved through faith, and this is not your own doing; it is the gift of God." (Ephesians 2:4-5, 8).

506 years ago a German monk named Martin Luther nailed 95 theses to the Church door in Wittenberg, in hopes of clarifying the Good News about Jesus Christ. Martin Luther, with his Bible above, spent his life telling the Gospel of God's free grace in Jesus Christ. That same Jesus died to take away your sins, and is risen and lives and reigns for you, for me, and for the whole world! Saved by God's free grace through faith in Christ, we too are free to love God and serve our neighbors in every way!

So this month we celebrate the riches of God's grace in Jesus Christ for each one of us, and we recommit ourselves to living by faith in him and in fervent love towards one another and all our neighbors.

Our **new Intergenerational Fellowship Time** continues every **Sunday at 9 a.m.** See the pictures within this *Window* for how we are gathering across the generations every Sunday, connecting with God's Word and each other. Join us at 9 a.m. for a light breakfast and coffee in the parlor. Kids, youth, and interested adults will be paired as "Faith Buddies" to explore the day's Bible story together, with activities, crafts, and games in the Sunday School room. Fellowship and discussion also continues in the Parlor—come join in the fun!

Our **new Confirmation Class** continues this month—after a kickoff meeting attended by ten youth! Confirmation meets October 16 and 30 at 5 p.m.

On Sunday, October 15 after worship we hold our annual **Operation Christmas Child Packing Party!** Join us to stuff a shoebox with toys, health items, and school supplies, so that a child may know God's love this Christmas!

On Sunday, October 22 we welcome **Deacon Jeff Hazewinkel as a guest preacher.** Deacon Jeff builds relationships with Lutheran congregations in the former East Germany, and during Coffee Hour will share his experiences of building partnerships through music and sharing the Gospel there.

On **Reformation Sunday, October 29**, join us for a special Reformation worship service at 10:15 a.m., followed by a **Reformation Potluck luncheon in the upstairs auditorium.** Sausage and kielbasa provided, please sign up in the narthex to bring a side dish, salad, or dessert.

See you this month at Trinity, as we **celebrate God's free grace in Christ**, and live to love God and serve our neighbors.

Blessings in Christ,

--Pastor Mills+

Sanctuary Eternal Light

Burns to the glory of God *In Memory of:*
Alice Strecker Sept 10th

Burns to the glory of God *In Honor of:*
Kai Auman Sept 3rd

Altar Flowers



Given to the glory of God...
*In Memory of all the Faithful
Departed*

In Honor of:

Men's Fellowship Group

The next meeting of the Men's Fellowship Group will be announced at an upcoming worship service. Please stay tuned for details. Please contact Pastor Mills with any questions.

Trinity Window Articles

Trinity Window articles for the next issue are due by the 15th of every month. It is important that you get your articles in on time and think ahead for the next month. Please email articles to:

Office@TrinityLutheranNH.org.

Articles must be submitted in WORD or PDF format.

PLEASE DO NOT EMBED THE TEXT OF YOUR ARTICLE IN THE EMAIL.

Oremus

"Let us pray"

This month we prayed for the following members and friends of Trinity who were sick and/or hospitalized:

Karen Johnson, Annie Wright, John Chaffin, Donald Langlois Jr.,



Christine Thomforde, Margaret Hawkins, Thaddeus Gensicki, Pat Panza, Jake Swanson, Don Johnston, Sandy Langlois, Debbie Boychuck, Marty Pieper, Joseph Aceto Jr., Michael Pingle, Richard Werner, Mindy Durham, Dan Zawack, Rosie Weaver, Amanda Rice-Johnston, William Douglas, Julia Kanozo, Rita Roman, Mike & Lucy Nieves, Nancy Kops, Yoly Ortiz, Rachel Thompson, Katheryn Patrick, Wendy Lynn, Allison Empringham, Mimi Thompson, Mary Ellen Schoonmaker, Virginia Masciola, Philip Cerrone, Sandy Noonan, Maria Roman, Elizabeth Leone, Pamela Simone, Vincent Villano, Frank Wright, Esther Goffinet, Nicole Donzello, Cindy Quinn, David Lewis, Glenn Pelc, Joe Marinelli, Suzanne Pallanti, Florence Flynn, Carol Lee Robinson, Mary Wade Home and all assisted living facilities, Christian Community Action, and all who serve in the armed forces, especially: Daniel Burk, Christopher Bushy, Justin Coonrod, and Jonathan Outlaw. And those who mourn Mary Henninger and Peg Stamp.

Upcoming Events

Here is a preliminary listing for the events we have for this month. Please mark your calendars in advance so you can save the dates.

October

Oct 1 st	After Worship	Blood Pressure Screen
Oct 5 th	7:00 pm	Choir Practice
Oct 15 th	After Worship	OCC Packing Party
Oct 16 th	5:00 pm	Confirmation Class
Oct 29 th	After Worship	Reformation Pot-Luck Luncheon
Oct 30 th	5:00 pm	Confirmation Class

Operation Christmas Child



Operation Christmas Child

Shoebboxes are not just for feet !!!!



As you can see by the attached photo the shoebox packing party for OCC at Trinity is just around the corner. Be sure to mark the date October 15th on your calendar and plan to stay after worship to joining in packing the boxes for children it is always a funtime with plenty of fellowship added in

It is also not to late to donate items for the boxes the more items we have = the more showboxes we can pack = the more children who will be reached. For these children this may be the only gift they have ever received.

With each box they also receive the greatest journey with shares the gospel with them.

OUR SHOEBBOXES WILL BE BLESSED ON NOVEMBER 12TH DURING THE CHILDRENS SERMON AT CHURCH.

National Collection week is November 13th through November 20th. There is a sign up sheet located by the OCC boards in the vestibule. Thank you in advance to all who have already signed up.

Ideally I would like to have at least three volunteers each day. any time you can give is greatly appreciated. If you have any questions feel free to call ,text , email , or reach out to me on Sunday morning.

With Praise, Gratitude, and Blessings

God Bless you all .

Yours for the Children

Barbara Mourer OCC Chairperson and Drop off Coordinator

Mary Wade Service

Join us in our outreach to The Mary Wade Home, 118 Clinton Avenue, New Haven. Come help sing, assist in worship and/or visit with the residents! The time and date for the next service will be announced in church, so stay tuned for further details.

Trinity Trekkers

During the summer, 21 Trinity members and 1 dog signed up for Calumet Walk the Walk 2023, On the Road Again program. Over the 6 weeks we walked, ran, swam, rowed, played tennis and moved and grooved for 2735 miles. We had fun imagining how far we could travel across the USA with our miles and while all this movement was a benefit to us personally, the best benefit was that our contributions of only \$25 gave kids a chance to have a wonderful camp experience at Calumet. Great job Trinity Trekkers and until next year keep on moving .

Thank You !

I would like to take this opportunity to thank all my Trinity family for all your prayers these last few month while my sister was ill. They meant so much to Ginny , her family, and myself. Would Lso like to thank you for all the cards , Calls, hugs and comforting words since she passed. Eve though she is no longer physically she has been granted life eternal and is with me always

God's peace to you all

Barbara Mourer

Monthly B.P. Screening



Deb Nicolson, Parish Nurse, has scheduled the next Blood Pressure Screenings for **Sunday, Oct 1st** Deb will do the screenings in Pastor's office after worship. A quick cleaning of equipment will be

done between each person.

CPR Certification

A CPR Certification course will be held at Trinity on Sat Nov 4 at 9:30 am. The cost for this certification is \$35. All Ushers, Deacons, and Teachers are encouraged to attend. A sign-up sheet is in the narthex. If you are interested please sign up by Oct 29.

Are You Interested in Serving?

Are you interested in serving on the Altar Guild, being a lector, or usher? Please email or call the office to let us know how you would like to assist in worship at Trinity. The office phone number is 203-787-6521 or email Office@TrinityLutheranNH.org

INSPIRATION

Every child comes with the message that God is not yet discouraged of man.

Rabindranath Tagore
(1861 – 1941)

ELEANOR HERPICH SCHOLARSHIPS

Each year \$3000 is set aside from the Eleanor Herpich Endowment for educational scholarships for Trinity members. We are now asking for applications for these scholarships. If you are interested in applying please send a letter/email (office@trinitylutherannh.org) discussing your educational program and sense of vocational goals. Applications must be received no later than November 15. Any applications received after this date will not be considered. Recipients will be announced in January 2023.

Where Are You ?

As you might imagine the church has quite a collection of phone numbers, home and email addresses. We are hoping to “clean-up” our files and get rid of any outdated information. We're asking that you please fill out one of the forms provided and return it to the church office.

PARKING AT TRINITY

Everyone is aware that there is limited off-street parking available at Trinity. There are spaces in the driveway and behind Emerson. We are happy to make these spaces available when possible. There are deliveries, and contractors who also need access to these spaces. **If you would like to use these spaces you MUST contact the church office for approval before you park. Do Not just park and assume that it's okay.**

CHURCH COUNCIL

Louise Bahner (lbahner4117@gmail.com)
Heidi Edgerton (Heidi.edgerton@gmail.com)
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Linda Thompson (linthompson125@yahoo.com)
Pastor Mils (pastor@trinitylutherannh.org)

Seafarers International House

Dear Friends of Seafarers -

This is a long story. The ship came into New Haven to load scrap to take to Turkey. The crew was a mix of Turks, Azerbaijan, Filipino and Indian. As I walked the pier to the ship, I could see that the hull of the ship was really in need of a good painting. Going on board I was quickly escorted to the officer's recreation room by one seafarer who I learned was from Azerbaijan. He asked that coffee be brought to us as we sat at a small table. In the very sparsely furnished room were also 4 Turks chain smoking, drinking tea and talking very loudly. They paid no attention to us or even acknowledged my presence. I had conversation with this seafarer for about 1 hour not always knowing what he was saying and finding the situation very strange. I saw no one else on the ship. I explained that since he had no visa, I would be happy to shop for him, gave him the wifi and told him to contact me through



Whatsapp. As I was leaving to go to the gangway, I met a Filipino deck watch and an Indian crewman. The crewman I had been visiting with made it clear that he did not want me to speak with these two men. However, I made sure I stopped and explained that I had left 2 wifi on board for all the crew, that I could shop for them and to contact me on whatsapp. The next night when I went on board, I made sure that I went to the mess room where I found a bunch of Filipinos who were very welcoming and happy to

see me. They had not been told that I had been on the ship the night before. I learned that when the ship reached Turkey that almost all of the Filipino crew would end their contract and go home. They were very anxious for me to shop for them so they would have gifts to bring home to their families. I left the ship with a long list.

The next night I went on board with a wagon full of things I had bought. While sitting in the mess room sorting everything out the man from Azerbaijan came in and said that no one had told him I was there and taking orders. He was quite upset but proceeded to sit down next to me and asked if it was possible for me to purchase a phone for him to give to his son. He called his son several times about which phone he wanted and finally we were able to find it on amazon and learned that if I bought it that night it would arrive before the ship was to sail. At the same time, more crew were placing orders and the Chief Engineer came and sat down with me.



We were having a wonderful conversation at the same time there was a lot of confusion and noise going on all around us and many people asking questions. I laughingly asked the C/E where he had gotten the T shirt he was wearing as I recognized it as a Thrivent T-shirt that we had been giving out. He proudly told me that he had received it in a Christmas gift when he was on a container ship in Newark. I asked him to describe the Christmas gift and I am very positive that it was one of our SIH Christmas-at-Sea satchels. He wanted to give me a gift and he brought me some paper money and a coin from Turkey as a souvenir.

And here is part 2 of the story. Ozan was the only crewman with a visa, the only person allowed to set

foot in the USA. The crew from Turkey asked if I could pick Ozan up at ten the next morning and take him shopping for them since I had shopped for the Filipino crew. So I picked up Ozan on Labor Day and with his long list we started off for Walmart. Now Ozan had no idea where to shop for these items and while I guided him around the store he was also calling back to crew on the ship with prices, etc. This also meant that crew called him back asking for more things. After shopping for several hours, Ozan asked if we could have lunch. He had heard about Burger King and he wanted the biggest hamburger and fries he could get. During our time together Ozan asked me many, many questions about life in



America. He asked if he could see my house as he told me and showed me pictures of his home in Turkey that had been destroyed in the earthquake. His family was displaced and had to move to a new town where they had no relatives and were having a very hard time adjusting. As we talked, I had a call to pick up crew from another ship so Ozan and I picked up crew who wanted to see Yale. I drove them around pointing out different places and then left them to walk around for a little while. Ozan was falling asleep in the van and he said that he had not had any sleep last night because of having to work. He wondered if he could take a nap at my house. Ozan quickly fell asleep on my couch and I went back to pick up the crew walking around Yale and dropped them now at Best Buy.

I returned home to find Ozan still asleep so I woke him and we headed back to his ship. We loaded the cart full of packages and snacks and pulled it down the pier. I was greeted by many more crew who anxiously wanted to know if I could do more shopping and I headed back with another long list for chocolates, vitamins, electronics and other assorted goodies.



On leaving, I made sure that I spent some time with the one Indian crewman I saw on deck. In fact, I could have a few minutes time alone with him. He told me about his family in India and his life as a seafarer. I asked how it was working being such a mixed crew. He said it was difficult and that each group basically kept to themselves. He thanked me so much for coming each day and for shopping and bringing the WIFI. We shared a hug and on leaving he bent down to give me a traditional Indian blessing. I'll be back tomorrow.

Ruth Setaro, Chaplain

Time for a Laugh

Interfaith Volunteer Caregivers

30 Gillies Road,
Hamden, CT 06517
203-230-8994; www.carenewhaven.org

38 YEARS AS THE GOOD NEIGHBOR

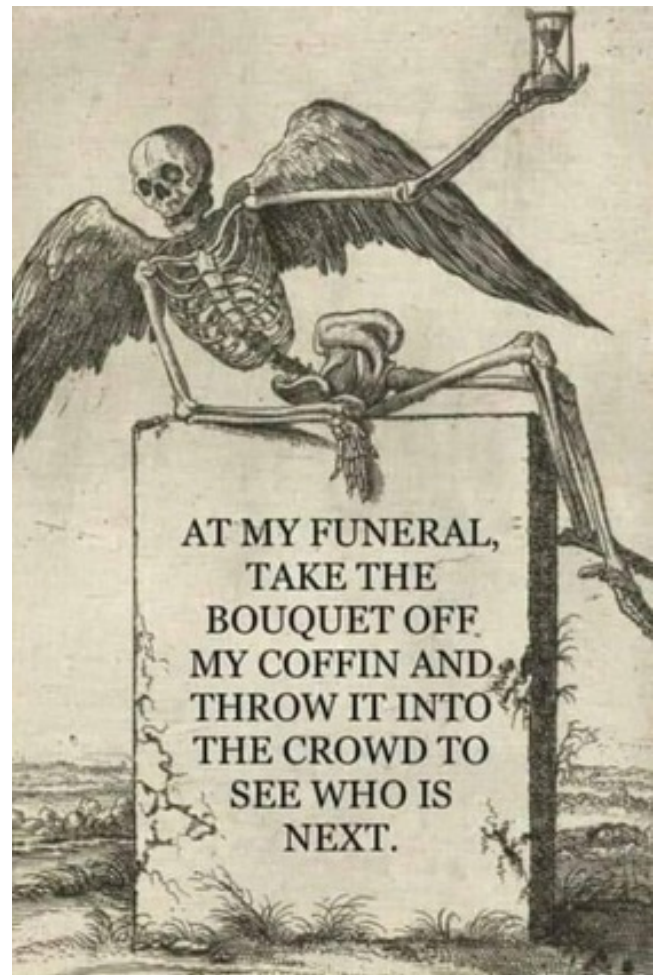
Are you looking for a new volunteer opportunity? Can you drive an elderly person to a doctor's appointment? Visit with an elder from time to time? Please consider joining our team and discover how your small acts of kindness can make a huge difference in the life of an elder in our community. Since 1983, Interfaith Volunteer Care Givers (IVCG) has assisted seniors in the Greater New Haven area by fostering independent living and reducing isolation. We train and insure volunteers from area faith communities and civic organizations to offer free neighborly services with compassion and love.

To find out more, please check out our website:
www.carenewhaven.org

Volunteer Orientation & Training At The Connecticut Hospice, Inc.

The Connecticut Hospice, Inc. (inpatient and homecare). is sponsoring volunteer orientation and training this fall. If you or someone you know is looking for an opportunity to serve others in your community, we would like to hear from you. Our patients and families are in need of your care and support. As a volunteer, you can fill your hours (weekdays/evenings or weekends) by assisting in a clerical capacity or offering direct patient/family contact as a friendly visitor, provide pastoral care or bereavement services, help in arts, massage therapy, pet therapy, hairdresser/barber or provide transportation. For more information, please contact Joan Cullen at 203-315-7510 or jcullen@hospice.com

A trooper pulls over a priest and immediately smells alcohol on his breath. The next thing he notices is an empty wine bottle lying on the passenger seat. "Have you been drinking?" the officer asks. "Just water," says the priest. "Then why do I smell wine?" The priest looks at the bottle and shouts, "Good Lord! He's done it again!"



OCTOBER CELEBRATIONS AND ANNIVERSARIES



BIRTHDAYS

Oct 1 st	Lee Anne Creevy
Oct 2 nd	Paul Bahner
Oct 6 th	Roger Parks
Oct 8 th	Amanda Schmidt
Oct 11 th	Ellie Gollenberg
Oct 13 th	Ray Langlois
Oct 13 th	Kevin Morris
Oct 15 th	Lin Hayes
Oct 16 th	Annie Wright
Oct 23 rd	Lorrie Aceto



BAPTISMAL ANNIVERSARIES

Oct 1 st	Kenji Langlois
Oct 8 th	Drew Gensicki
Oct 10 th	Giovanna Setaro
Oct 12 th	Christine Golden
Oct 17 th	Cedric Jacobson
Oct 19 th	Emmalayne Brophy
Oct 19 th	Keili Brophy
Oct 19 th	Kera Brophy
Oct 21 st	Paul Bahner



WEDDING ANNIVERSARIES

Oct 4 th	Dawn & Leigh Golden
Oct 11 th	Kathleen & Ryan Mills
Oct 12 th	Hope & Donald Langlois
Oct 21 st	Joi & Scott Prud'homme
Oct 31 st	Marissa & Jonathan Auman

Intergenerational Fellowship Time



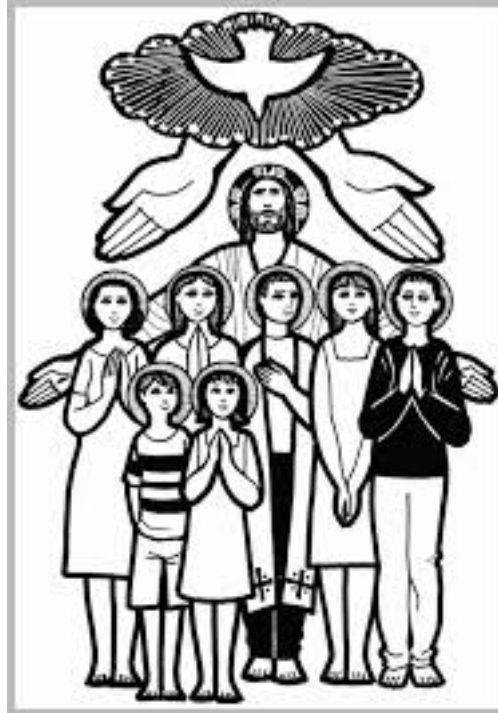
Off to a Strong Start ! September 10, 2023

God's Work – Our Hands



September 17, 2023

**All Saints Sunday
November 5, 2023
Trinity Lutheran Church
292 Orange Street
New Haven CT 06510**



Each year at the feast of All Saints, which is observed on the first Sunday in November, we remember all who have served God in every age, in every place, and we commemorate those in our own families and congregation who have loved the Lord and served him faithfully and who have died.

We invite you to remember your friends and loved ones at this great feast by completing this sheet and submitting it to the church office by Wednesday, October 25, 2023. You may place it in the offering place, email it to the church, or send it to the church office by mail.

Please remember the following persons who have died since All Saints Day 2022.

PLEASE PRINT CLEARLY:

ELEANOR HERPICH SCHOLARSHIPS

The Eleanor Herpich Scholarships are funded from the annual income received from Miss Herpich's bequest to Trinity Evangelical Lutheran Church (TLC). The total amount for the scholarships is \$3000 each year. While the intent is to award 3 - \$1000 scholarships, the Scholarship Committee may distribute the money as it feels is appropriate and, depending on the number of applicants may choose to make awards of less money to a larger number of applicants (i.e. \$500 each to 6 applicants) or to make larger awards to a smaller number of applicants (i.e. \$1500 each to 2 applicants). In addition to the \$3000 from the Herpich Endowment, any money donated to special funds for scholarships will be added to the available funds. Any money awarded may not exceed the total charges for tuition, books and required supplies.

SCHOLARSHIP COMMITTEE

The scholarship committee comprises:

- Pastor of TLC
- President of TLC Church Council
- Chairperson of TLC Finance Committee

The availability of the scholarships will be announced each year in the September, October, and November editions of the Trinity Window. Applicants must submit a letter of application discussing their educational program and sense of vocational goals. Requests for a scholarship must be received no later than November 15. (In cases where November 15 falls on a weekend the date will be extended to the following Monday.) Any request(s) received after this date will not be considered. The Scholarship Committee will meet before the end of November to determine the scholarship awards. The proposed awards will be presented for endorsement at the December Church Council meeting. The recipients will then be contacted and informed of their selection to receive a scholarship. Recipients of the scholarships will be announced in the January Trinity Window and in the TLC Annual Report. The scholarships will be presented to the recipients during Sunday worship in January.

RECIPIENT QUALIFICATIONS

- Current active member of TLC in good standing (must have communed and made a donation of record to TLC within the past year).
- Must be enrolled as a full or part time, non-stipended student in a post high school technical, undergraduate or graduate program.

If a recipient has received 2 scholarship awards they must wait 2 years before being eligible for another scholarship, however, an exception may be made in cases where there are no other candidates. In all cases requests from applicants who have not received a previous award will receive preference over previous recipients. Any scholarship money not awarded will be carried over into the following years' pool of available money.

CONTACT INFORMATION

NAME:

ADDRESS:

TELEPHONE:

EMAIL:



Save the Date
CPR certification

(here at Trinity - cost \$35/pp)

Saturday 9:30a November 4th

(All USHERS, DEACONS & TEACHERS are urged to attend!)

through the American Heart Association with

Cathi Kellett, MA, CPST-I, BLS-TCF

Special Programs Coordinator

Safe Kids Greater Naugatuck Valley Coordinator

CPR Training Center Coordinator

Griffin Hospital Community Outreach & Parish

Nursing

Signup sheet is in the Narthex

(please sign in advance by Oct. 29th)

5 Hide-A-Way
Clinton, CT 06413-1331
September 8, 2023

Pastor Ryan Mills
Trinity Evangelical Lutheran Church
292 Orange Street
New Haven, CT 06510

Dear Pastor Mills:

On Thursday, 9/7/23, you and your team conducted a service for residents at Mary Wade. Coincidentally or not*, I was visiting with Karina Courtmanche, a resident at Mary Wade, when we were invited to attend your service in the community room.

We both benefitted greatly – Karina, because she knew where she was and me, because I could see she was happy to be there. I suspect it is the first church service she has attended in many years due to her crippling dementia.

I have known Karina for over 40 years from working together in mental health. I thought you might be interested to know a little more about her so I'm enclosing a brief biography I wrote of her life.

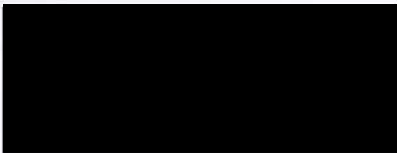
Thank you for the work you do. I hope I'll be there to bring Karina to future services.

Sincerely,



C. Robert Sturwold, Conservator of Estate for Karina Courtmanche

* Gifts from God are no coincidences



Karina Valerie Courtmanche

Displaced Person From Latvia

Karina Valerie Murnieks was born November 20, 1943, in Liepaja, Latvia to Anna (Martens) and Erichs Murnieks in the midst of World War II. Anna (2/26/1919 – 5/18/1992) and Erichs (_____ - 1943) were natives of Liepaja. Erichs died in combat in 1943, prior to Karina's birth.

Early History (1,2)

The conditions in Latvia were uncertain and harsh during the war. Latvia had been invaded by the Soviet Union in 1940, and remained occupied until after the war. After the war, Allied Forces took refugees into their care by sharing food, medicine, and clothing. They improvised shelters in summer children's camps, airports, hotels, castles, hospitals, privately owned homes, partially destroyed structures, and military barracks. Many could not return home for fear of political persecution or retribution from perceived (or actual) collaboration with the Axis powers. Those who were easily classified and willing to be repatriated were rapidly sent back to their country of origin.

At the end of the war, 40 to 60 million people world-wide had been displaced from their countries (7 to 11 million in Eastern Europe). The Allies termed the refugees as displaced persons (DPs). Hundreds of DP camps were established in Germany, Austria, Italy and other countries primarily for Eastern Europe refugees, former prisoners of war, released slave laborers, and both non-Jewish and Jewish concentration camp survivors. The responsibility for their care was assigned to the United Nations Relief and Rehabilitation Administration. Two years after the end of World War II in Europe, approximately 850,000 people lived in the camps. Rations were restricted and curfews were frequently imposed. By 1952, all but 2 camps were closed.

Between 1947 and 1953, the vast majority of the "non-repatriates" found new homes around the world. The United States was late to accept displaced persons. President Harry S. Truman led the Citizens Committee on Displaced Persons which met with considerable opposition by the United States Congress with a bias against Central and Eastern intellectual Jews. Eventually, however, the American program was the most idealistic and expensive of all the Allied programs but also the most bureaucratic. Truman signed the first Displaced Persons Act on 6/25/1949. It allowed 200,000 displaced persons to enter the United States within the next 2 years but the quota was extended and 415,000 were admitted.

In order to qualify for American visas DPs had to have a sponsor, a place to live on arrival, and a guarantee they would not displace American workers. Voluntary social service agencies created by religious and ethnic groups helped.

After the war Karina and Anna settled in a DP camp in Neustalt, Holstein, Germany where Anna met and later married Eduards Kalnins (10/1/1904 – 12/29/1995) on 1/2/1951. Sponsored by

the World Council of Churches, Karina, Anna, and Eduards moved to Torrington, Connecticut in 1951 (possibly 1952)..

Life in the United States

Karina graduated with honors from Torrington High School in 1963 and Grace-New Haven School of Nursing in 1966. She received a Bachelor's Degree in psychology (Magna Cum Laude) from Southern Connecticut University in 1977, and a Master's Degree with honors from Yale University in 1988. Her Master's Thesis was titled, "The Use of Pet Facilitated Group Psychotherapy With Chronic Schizophrenics".

She held positions as a psychiatric nurse at the Connecticut Mental Health Center and V.A. Connecticut as an Advanced Clinical Nurse Practitioner. From 1986 to 1989, she was on faculty at Connecticut Valley Hospital Residency Training and Clinical Associate at St. Joseph's College Graduate Programs for Psychiatric Nursing. From 1989 to 1991, she was a psychotherapist in private practice in West Haven. From 1992 to 2008, she was a Clinical Associate faculty member for Yale School of Nursing Graduate School, Fairfield University, and Quinnipiac School of Nursing Master's programs. After her retirement from V.A. Connecticut in 2008, she was an instructor at Gateway Community College.

In 1992, she participated in a nurse exchange program sponsored by the Keggi Orthopaedics Foundation. She spent 3 weeks in Riga (Latvia's capital), Liepaja, Yelgava, and Aizputes, Latvia. At her personal expense, her step father, Eduards ("Pop") accompanied her to be reunited with family.

Karina was married to Gordon Paul Courtmanche from 1971 to 1979. They had no children.

Karina was a Lieutenant in the Navy Reserve from 1989 to 1990, resigning her commission to care for her ailing mother.

References

- (1) Personal communication
- (2) Wikipedia, The Free Encyclopedia: Displaced Persons Camps in Post-World War II Europe.