



Trinity Lutheran Church
 292 Orange St., New Haven, CT
 TrinityLutheranNH.org – (203) 787-6521
 Service of Holy Communion—*Lutheran Book of Worship*, Setting I
 The Third Sunday in Lent, March 8, 2026
 In-Person at 10:15 a.m. & Live at Facebook.com/TrinityLutheranNH

PRELUDE

WELCOME & ANNOUNCEMENTS

BRIEF ORDER FOR CONFESSION AND FORGIVENESS

The sign of the cross may be made by all in remembrance of their Baptism.

In the name of the Father, and of the ✝ Son, and of the Holy Spirit.

Amen.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord. **Amen**

If we say we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God who is faithful and just will forgive our sins and cleanse us from all unrighteousness.

Silence for reflection and self-examination.

Most merciful God,

We confess that we are in bondage to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name.

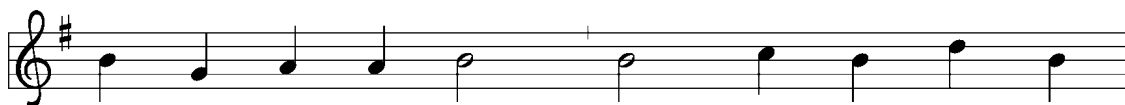
Amen.

The Almighty and merciful God grant unto you, being penitent, pardon and remission of all your sins, time for amendment of life, and the grace and comfort of his Holy Spirit.

Amen

PROCESSIONAL HYMN: "The Glory of These Forty Days" WOV No. 657**The Glory of These Forty Days**

1 The glo - ry of these for - ty days we cel - e -
 2 A - lone and fast - ing Mo - ses saw the lov - ing
 3 So Dan - iel trained his mys - tic sight, de - liv - ered
 4 Then grant, O God, that we may, too, re - turn in



brate with songs of praise; for Christ, through whom all
 God who gave the law; and to E - li - jah,
 from the li - ons' might; and John, the Bride - groom's
 fast and prayer to you. Our spir - its strength - en



things were made, him - self has fast - ed and has prayed.
 fast - ing, came the steeds and char - i - ots of flame.
 friend, be - came the her - ald of Mes - si - ah's name.
 with your grace, and give us joy to see your face.

Text: Latin hymn, 11th cent.; tr. Maurice F. Bell, 1862-1947, alt.

Music: ERHALT UNS, HERR, J. Klug, *Geistliche Lieder*, 1543

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APOSTOLIC GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

And also with you.

KYRIE

In peace, let us pray to the Lord.

Lord, have mercy.

For the peace from above, and for our salvation, let us pray to the Lord.

Lord, have mercy.

For the peace of the whole world, for the well-being of the Church of God, and for the unity of all, let us pray to the Lord.

Lord, have mercy.

For this holy house, and for all who offer here their worship and praise, let us pray to the Lord.

Lord, have mercy.

Help, save, comfort, and defend us, gracious Lord.

Amen

PRAYER OF THE DAY

The Lord be with you

And also with you

Let us pray...

Eternal Lord, your kingdom has broken into our troubled world through the life, death, and resurrection of your Son. Help us to hear your Word and obey it, so that we become instruments of your redeeming love; through your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

Amen

FIRST LESSON: Exodus 17:1-7

Because the thirsty Israelites quarreled with Moses and put God to the test, Moses cried out in desperation to God. He commanded Moses to strike the rock to provide water for the people. Their doubt-filled question—"Is the LORD among us or not?"—thus received a very positive answer.

¹From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. ²The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" ³But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" ⁴So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." ⁵The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. ⁶I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. ⁷He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

The Word of the Lord.

Thanks be to God.

PSALM 95

¹ Come, let us sing | to the LORD;*

let us shout for joy to the rock of | our salvation.

² **Let us come before his presence | with thanksgiving*
and raise a loud shout to | him with psalms.**

³ For the LORD | is a great God,*
and a great King a- | bove all gods.

⁴ **In his hand are the caverns | of the earth,*
and the heights of the hills | are his also.**

⁵ The sea is his, | for he made it,*
and his hands have molded | the dry land.

⁶ **Come, let us bow down and | bend the knee,*
and kneel before the | LORD our Maker.**

⁷ For he is our God, and we are the people of his pasture and the sheep | of his hand.*

Oh, that today you would hearken | to his voice!

**⁸ Harden not your hearts, as your forebears did | in the wilderness,*
at Meribah, and on that day at Massah, when they | tempted me.**

⁹ They put me | to the test,*
though they had | seen my works.

**¹⁰ Forty years long I detested that genera- | tion and said,*
"This people are wayward in their hearts; they do not | know my ways."**

¹¹ So I swore | in my wrath,*
"They shall not enter in- | to my rest."

Gloria Patri (chanted after the psalm)

Glory to the Father, and to the Son, and to the / Holy Spirit;

As it was in the beginning, is now, and will be fore-/ ver. Amen

SECOND LESSON: Romans 5:1-11

Though we often hear that God helps those who help themselves, here Paul tells us that through Jesus' death God helps utterly helpless sinners. Since we who had been enemies are reconciled to God on the cross, we now live in hope for our final salvation.

¹Since we are justified by faith, we have peace with God through our Lord Jesus Christ,
²through whom we have obtained access to this grace in which we stand; and we boast
in our hope of sharing the glory of God. ³And not only that, but we also boast in our
sufferings, knowing that suffering produces endurance, ⁴and endurance produces
character, and character produces hope, ⁵and hope does not disappoint us, because
God's love has been poured into our hearts through the Holy Spirit that has been given
to us.

⁶For while we were still weak, at the right time Christ died for the ungodly. ⁷Indeed,
rarely will anyone die for a righteous person—though perhaps for a good person
someone might actually dare to die. ⁸But God proves his love for us in that while we still
were sinners Christ died for us. ⁹Much more surely then, now that we have been
justified by his blood, will we be saved through him from the wrath of God. ¹⁰For if while
we were enemies, we were reconciled to God through the death of his Son, much more
surely, having been reconciled, will we be saved by his life. ¹¹But more than that, we
even boast in God through our Lord Jesus Christ, through whom we have now received
reconciliation.

The Word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

**Return to the Lord, your God, for he is gracious and merciful,
slow to anger, and abounding in steadfast love,
and abounding in steadfast love.**

GOSPEL: John 4:5-42

The Holy Gospel according to St. John, the 4th chapter.

Glory to you, O Lord.

*Jesus defies convention to engage a Samaritan woman in conversation. Her testimony,
in turn, leads many others to faith.*

⁵[Jesus] came to a Samaritan city called Sychar, near the plot of ground that Jacob had
given to his son Joseph.⁶Jacob's well was there, and Jesus, tired out by his journey, was

sitting by the well. It was about noon.

⁷A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink."
⁸(His disciples had gone to the city to buy food.) ⁹The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) ¹⁰Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." ¹¹The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? ¹²Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" ¹³Jesus said to her, "Everyone who drinks of this water will be thirsty again, ¹⁴but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." ¹⁵The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

¹⁶Jesus said to her, "Go, call your husband, and come back." ¹⁷The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; ¹⁸for you have had five husbands, and the one you have now is not your husband. What you have said is true!" ¹⁹The woman said to him, "Sir, I see that you are a prophet. ²⁰Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." ²¹Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²²You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴God is spirit, and those who worship him must worship in spirit and truth." ²⁵The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." ²⁶Jesus said to her, "I am he, the one who is speaking to you."

²⁷Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" ²⁸Then the woman left her water jar and went back to the city. She said to the people, ²⁹"Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" ³⁰They left the city and were on their way to him.

³¹Meanwhile the disciples were urging him, "Rabbi, eat something." ³²But he said to them, "I have food to eat that you do not know about." ³³So the disciples said to one another, "Surely no one has brought him something to eat?" ³⁴Jesus said to them, "My food is to do the will of him who sent me and to complete his work. ³⁵Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. ³⁶The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷For here the saying holds true, 'One sows and another reaps.' ³⁸I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

³⁹Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." ⁴⁰So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. ⁴¹And many more believed because of his word. ⁴²They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord.
Praise to you, O Christ.

HYMN OF THE DAY: *"I Heard the Voice of Jesus Say"* **LBW No. 497**

I Heard the Voice of Jesus Say



1 I heard the voice of Je - sus say, "Come un - to me and rest;
 2 I heard the voice of Je - sus say, "Be - hold, I free - ly give
 3 I heard the voice of Je - sus say, "I am this dark world's light;



lay down, O wea - ry one, lay down your head up - on my breast."
 the liv - ing wa - ter, thirst - y one; stoop down and drink and live."
 look un - to me, your morn shall rise, and all your day be bright."



I came to Je - sus as I was, so wea - ry, worn, and sad;
 I came to Je - sus, and I drank of that life - giv - ing stream;
 I looked to Je - sus, and I found in him my star, my sun;



I found in him a rest - ing place, and he has made me glad.
 my thirst was quenched, my soul re - vived, and now I live in him.
 and in that light of life I'll walk till trav'ling days are done.

Text: Horatius Bonar, 1808–1889
 Music: THIRD MODE MELODY, Thomas Tallis, 1505–1585

CHILDREN'S MESSAGE

SERMON

NICENE CREED

**We believe in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.
 We believe in one Lord, Jesus Christ,**

**the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father.
 Through him all things were made.
 For us and for our salvation
 he came down from heaven;
 by the power of the Holy Spirit
 he became incarnate from the virgin Mary,
 and was made man.
 For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
 On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
 He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
 With the Father and the Son he is worshiped and glorified.
 He has spoken through the prophets.
 We believe in one holy catholic and apostolic Church.
 We acknowledge one Baptism for the forgiveness of sins.
 We look for the resurrection of the dead,
 and the life of the world to come. Amen**

THE PRAYERS

D: In our prayers today and this week, please remember: [prayer list]. We also invite your own petitions either aloud or silently in your hearts.

P: Let us pray for the whole people of God in Christ Jesus, and for all people according to their needs.

Almighty God, your Son is the Living Water gushing up to eternal life. Make your Church a place where Living Water flows to quench the thirst and cleanse the souls of all those perishing from unbelief, sin, and death. Inspire all who proclaim your holy Word so that many may hear, and come to believe, that your Son is indeed the Savior of the world. Lord, in your mercy, **hear our prayer.**

We pray on behalf of our brothers and sisters who in remaining faithful to you endure great suffering. Fulfill in this congregation your promise: that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit. Lord, in your mercy, **hear our prayer.**

Have mercy on our nation, its leaders, its people, and on the leaders and people of every land. Give us hearts and minds that delight in your law, and wills set to obey it. Remove from every nation the spirit of warfare and strife; protect and guide all those who risk their lives on behalf of others; and crown us all with the blessing of your peace. Lord, in your mercy, **hear our prayer.**

Refresh with your Living Water everyone who is troubled by pain, illness, fear, guilt or confusion. Especially we pray for those we have named before you, or remember before you now. Give them all renewed strength, deep peace, and abiding faith in your steadfast love. Lord, in your mercy, **hear our prayer.**

Heavenly Father, with reverence and affection we entrust our beloved dead into your unfailing care. Wipe away the tears of those whose grief runs deep. Refresh us with your holy Word and Sacraments as we pass through the desert places of this life. And speed the day when the whole company of your people will worship you in glory, acclaiming your beloved Son as the Savior of the world. Lord, in your mercy, **hear our prayer.**

PEACE

OFFERING *The ushers collect the offering. You can also give electronically through our website, Facebook page, or by [clicking here](#).*

CHOIR ANTHEM: "By the Babylonian Rivers" Latvian Folk Tune

OFFERTORY: "What Shall I Render"

OFFERTORY PRAYER

D: Let us pray...

Merciful Father,

We offer with joy and thanksgiving what you have first given us—our selves, our time, and our possessions, signs of your gracious love. Receive them for the sake of him who offered himself for us, Jesus Christ our Lord. Amen.

THE GREAT THANKSGIVING

HOLY, HOLY, HOLY

EUCCHARISTIC PRAYER

LORD'S PRAYER

LAMB OF GOD

THE COMMUNION *To all who believe in Jesus Christ as their Lord, are baptized, and confess Jesus' real presence in the Holy Communion, we invite you to join us in the Holy Eucharist. At the usher's invitation you may come forward to kneel or stand at the altar rail. Please take an empty individual cup from the tray and bring it with you to the*

rail. The host wafer will be placed into your open hands to eat. Your cup will be filled from the pouring chalice, take and drink. Individual cups filled with non-alcoholic grape juice are also available, please point to receive one. Sealed pre-consecrated Communion packages are also available. Please remain at the altar rail until all have finished and a blessing is given.

COMMUNION HYMNS: LBW Nos. 452, 428

POST-COMMUNION BLESSING

The Body and Blood of our Lord Jesus Christ strengthen you and keep you in his grace.
Amen.

POST-COMMUNION CANTICLE: *"Create in Me"*

POST-COMMUNION PRAYER

D: Let us pray...

Almighty God, you gave your Son both as a sacrifice for sin and a model of the godly life. Enable us to receive him always with thanksgiving, and to conform our lives to his; through the same Jesus Christ our Lord.

Amen

BLESSING

Almighty God, Father, ✠ Son, and Holy Spirit, bless you now and forever.

Amen.

RECESSIONAL HYMN: *"Guide Me Ever, Great Redeemer"* **LBW No. 343**

Guide Me Ever, Great Redeemer



1 Guide me ev - er, great Re - deem - er, pil - grim through this
 2 O - pen now the crys - tal foun - tain where the heal - ing
 3 When I tread the verge of Jor - dan, bid my anx - ious



bar - ren land. I am weak, but you are might - y; hold me with your
 wa - ters flow; let the fire and cloud - y pil - lar lead me all my
 fears sub - side; death of death and hell's de - struc - tion, land me safe on



pow'r - ful hand. Bread of heav - en, bread of heav - en,
 jour - ney through. Strong de - liv - 'rer, strong de - liv - 'rer,
 Ca - naan's side. Songs and prais - es, songs and prais - es,



feed me now and ev - er - more, feed me now and ev - er - more.
 shield me with your might - y arm, shield me with your might - y arm.
 I will raise for - ev - er - more, I will raise for - ev - er - more.

Text: William Williams, 1717–1791; tr. William Williams and Peter Williams, 1722–1796, alt.
 Music: CWMRHONDDA, John Hughes, 1873–1932

DISMISSAL

D: Go in Peace, Serve the Lord. **Thanks be to God.**

POSTLUDE



TRINITY
LUTHERAN CHURCH

*To joyfully share God's Word and Sacrament in order to
 serve our Greater New Haven neighbors with the love of Christ.*